



Choosing a Confirmation Name

There is a legend in the Church that when a person dies the name they choose as their confirmation name is the name by which God will call them into heaven. Although there is no way to verify that legend, it does cast a different light on the selection of a name for Confirmation. Consider the scriptures:

- Abram is given a new name after he makes a covenant with God (Abraham).
- Jesus gives Simon the name Peter after he tells him he will be “the rock on which I will build my Church”
- Saul takes on a new name after his baptism and conversion (St. Paul)

Popes also take on a new name when they take the Papal Office. The idea of changing ones name or taking a new name represents a change and newness in that person. While you probably won't start going by your confirmation name, you should take some time to pray about the name you will pick to be confirmed by as it will represent the “new” person you become through confirmation.

Preferred names for confirmation are those of recognized Catholic saints. You can find a list of these almost anywhere online, or at our LifeTeen website. Do a bit of research on a saint and find someone who you can relate to, has a particular charism you feel applies to your life, and lived a life you would like to emulate. There are many saints who are patrons of sports, music, science, and cities among other things. If you need help looking up a saint or would like more information about any particular saint let me know and I would be happy to assist you.

After you have chosen your name please let me know so I can make an accurate record of it. Best of luck in your search!